



Supplement Facts

Serving Size 1 packet (approx. 11.5 grams)
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	25	Chloride (as Sodium Chloride)	225 mg 7%
Total Carbohydrate	9 g 3%*	Potassium	149 mg 4%
Sugar Alcohol	7 g †	(as Potassium Aspartate 100 mg; Potassium Bicarbonate 49 mg)	
Sugars	1 g †	D-Ribose	1000 mg †
Sodium (as Sodium Chloride)	150 mg 6%	Taurine	500 mg †
Magnesium	106 mg 27%		
(as Di-Magnesium Malate 57 mg; Magnesium Aspartate 29 mg; TRAACS® Magnesium Glycinate Chelate Buffered 20 mg)			

Other Ingredients: Xylitol, natural grape flavor, citric acid, silicon dioxide, and stevia (leaf) extract.



Formulated and distributed by:
Designs for Health, Inc.
980 South Street, Suffield, CT 06078
www.designsforhealth.com

STORE IN A COOL, DRY PLACE.

BARCODE

1.175 X 0.817
879452001572

ELS030

Report any adverse reactions to 860.623.6314

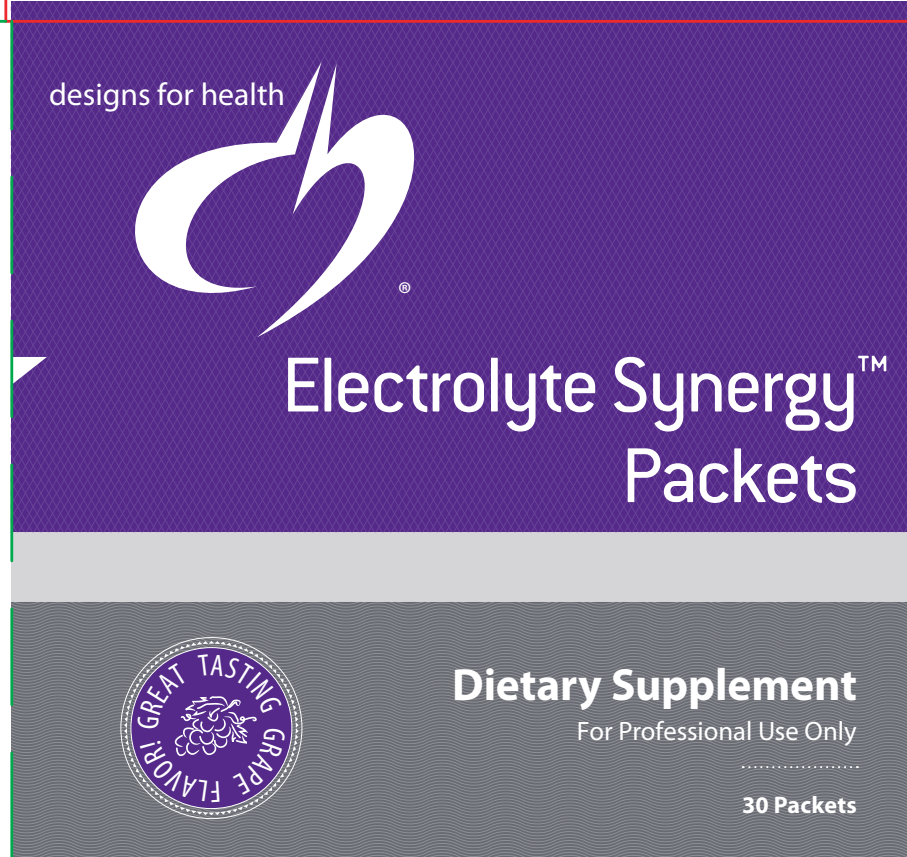
Notice: This is a natural product that may exhibit color, taste and density variations from lot to lot.

TRAACS® is a registered trademark of Albion Laboratories, Inc. Malate covered by Albion International, Inc U.S. Patents 6,706,904 and patents pending.

Complete and Balanced Electrolyte Formula for:

- Replacing electrolytes after severe vomiting or diarrhea*
- Improving hydration*
- Increasing energy and stamina*
- Shorter recovery after exercise*
- Preventing muscle cramps and weakness*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Recommended Use: As a dietary supplement, take one packet (approx. 11.5 grams) per day, or as directed by your health care practitioner.

The energizing ingredients of Electrolyte Synergy™ include the body's four main electrolytes (calcium, magnesium, sodium, and potassium) along with d-ribose and taurine. Ribose is essential for exercise performance and recovery by resynthesizing adenosine-triphosphate (ATP), resulting in a boost of muscle energy, including the heart muscle. Ribose may also help to prevent symptoms such as cramping, pain, and stiffness after exercise. Taurine helps the body to balance electrolytes and retain magnesium. In addition to beneficial actions for cardiac tissue, taurine is magnesium-sparing for the entire body.*

May be used by children and adults.
Does not contain gluten.