# Dycem Medium Oblong Mat ES0098

# Product Instructions

# General description

Dycem mats are available in a variety of shapes, sizes and colours. They can help reduce the risk of accidents in the home and enable people to retain greater independence.

**Usage**

The mats can be used to:

* Hold plates and glasses securely in place whilst eating and drinking.
* Hold mixing bowls and chopping boards firmly in place, which makes preparing food easier and also offers a colour contrast.
* Place Dycem non-slip mats on tabletops to prevent household objects like telephones, calculators, computers and games from slipping whilst in use, even on slanting tables.